



Dinas a Sir Abertawe

Nodiadau'r Panel Ymchwiliad Craffu – Gwasanaethau lechyd Meddwl Plant a Phobl Ifanc

Ystafell Bwyllgor 5 - Neuadd y Ddinas, Abertawe

Dydd Mercher, 21 Tachwedd 2018 am 2.00 pm

Yn Bresennol: Y Cynghorydd M H Jones (Cadeirydd) oedd yn llywyddu

Y Cynghorydd(wyr) **Y Cynghorydd(wyr)**
T J Hennegan S M Jones

Hefyd yn bresennol
Y Cyng Elliott King Aelod y Cabinet - Gwasanaethau Plant

Swyddog(ion)
Liz Jordan Swyddog Craffu
Julie Thomas Pennaeth y Gwasanaethau Plant a Theuluoedd

Ymddiheuriadau am absenoldeb
Y Cynghorydd(wy): C L Philpott
Aelodau Cyfetholedig(wyr): D Anderson-Thomas

1 Datgeliadau o fuddiannau personol a rhagfarnol.

Ni chafwyd unrhyw ddatganiadau o gysylltiadau.

2 Ymchwiliad dilynol ar gynnydd y Gwasanaethau lechyd Meddwl Plant a Phobl Ifanc

Roedd y Cyng. Elliott King, Aelod y Cabinet dros y Gwasanaethau Plant, Julie Thomas, Pennaeth y Gwasanaethau Plant a Theuluoedd a Joanne Abbott-Davies, Sian Harrop-Griffiths ac Isobel Davey o Fwrdd lechyd Prifysgol Abertawe Bro Morgannwg (PABM) yn bresennol yn y cyfarfod i gyflwyno'r adroddiad effaith/dilynol.

Trafodwyd y materion canlynol:

- Mae'r gwasanaeth yn hybu ymagwedd atal ac yn gweithio ar y cynnig ar gyfer y plant hynny nad ydynt yn bodloni'r trothwy ac sy'n syrthio trwy'r bylchau. Maent yn ymwybodol o'r angen am gontinwwm o gefnogaeth a'r angen i weld dros amser a ydynt yn gwneud gwahaniaeth. Mae angen edrych ar sut gellir monitro hyn.
- Mae Bwrdd lechyd PABM yn teimlo ei fod ef a'r tri awdurdod lleol arall bellach yn gweithio gyda'i gilydd yn well ac yn cael sgyrsiau am sut gallant newid pethau.
- O ganlyniad i argymhellion gan y tîm craffu, mae PABM wedi newid rhai o'u trefniadau comisiynu.

Minutes of the Panel Ymchwiliad Craffu – Gwasanaethau Iechyd Meddwl Plant a Phobl Ifanc
(Dydd Mercher, 21 Tachwedd 2018)
Cont'd

- Y targed ar gyfer gweld achosion brys y Gwasanaeth Iechyd Meddwl Plant a Phobl Ifanc mewn 24 awr yw 100% ac mae PABM yn cyrraedd hwn.
- Rhoddyd esboniad i'r panel ynghylch y ffordd y mae'r Ymagwedd Dewis a Phartneriaeth yn gweithio. Mae'r fenter hon yn ymdrin â rhai o'r materion a godwyd gan y panel.
- Mynegodd y panel ei bryder ynghylch y Gronfa Gofal Integredig flynyddol a roddir i fyrrdau partneriaeth rhanbarthol gan Lywodraeth Cymru. Nid ydym wedi derbyn cadarnhad ynghylch swm y dyraniad newydd ar ôl i Ben-y-bont ar Ogwr adael PABM.
- Roedd yr Ymchwiliad Craffu wedi nodi bod pobl yn ei chael hi'n anodd cael mynediad at y Gwasanaeth Iechyd Meddwl Plant a Phobl Ifanc. Roedd cwynion gan rieni am y ffurflenni yr oedd yn rhaid eu cwblhau a'r ffaith bod y llinell amser yn gallu bod hyd at flwyddyn. Dywedodd y panel fod y broses wedi'i symleiddio a ffurflenni wedi'u hadolygu gydag ysgolion a gall ysgolion bellach siarad ag aelod o'r tîm Anhwylderau Niwroddatblygiad (ANDd) os oes gennych bryderon.
- Yr unig ffordd yr oedd rhieni'n arfer gallu cael atgyfeiriad i'r Gwasanaeth Iechyd Meddwl Plant a Phobl Ifanc oedd drwy'r ysgol. Mae proses wedi'i rhoi ar waith sy'n sicrhau y gall rhieni gysylltu â'r Tîm ANDd yn uniongyrchol os na allant gael atgyfeiriad drwy'r ysgol ac maent yn credu bod yr ysgol yn eu rhwystro.
- Mae'r holl grwpiau bellach yn cynnwys rhieni a chynrychiolwyr y Trydydd Sector. Cynhaliwyd gweithdy ar ANDd a chymerodd 30 o rieni ran ynddo. Defnyddiwyd yr wybodaeth a gasglwyd o'r gweithdy hwn i sefydlu'r gwasanaeth ANDd.

3 Y panel i drafod ei farn am gynnydd a chytuno ar adborth

Trafododd y panel gynnydd, a daethpwyd i'r casgliadau canlynol:

- Mae'r Gwasanaethau Iechyd Meddwl Plant a Phobl Ifanc mewn sefyllfa well na phan ddechreuodd y panel yr ymchwiliad. Llongyfarchodd y panel bawb a fu'n rhan o hyn.
- Mae trefniadau hen sefydledig bellach ar waith i ysgogi gwelliant yn y maes hwn.
- Mae cynnydd wedi'i wneud ar y rhan fwyaf o'r argymhellion yn y cynllun gweithredu. Fodd bynnag, mae ffordd bell i fynd o hyd i gyflawni'r holl argymhellion yn llawn.
- Mae'r panel wedi gorffen monitro'r Gwasanaeth Iechyd Meddwl Plant a Phobl Ifanc, ond bydd monitro perfformiad yn parhau drwy Banel Craffu Perfformiad y Gwasanaeth Plant a Theuluoedd.

Yn dilyn y cyfarfod hwn:

- a) Bydd Cynullydd y panel yn anfon llythyr at Aelod y Cabinet gan grynhai'r drafodaeth ac yn amlinellu barn ac argymhellion y panel.
- b) Eir i'r afael ag unrhyw faterion sy'n weddill mewn perthynas â'r darn hwn o waith drwy Banel Craffu Perfformiad y Gwasanaeth Plant a Theuluoedd.

Daeth y cyfarfod i ben am 3.00 pm



To:
Councillor Elliott King
Cabinet Member for Children's Services

Please ask for:
Gofynnwch am:
Scrutiny

Scrutiny Office Line:
Llinell
Uniongyrochol:
01792 637314

e-Mail e-Bost:
scrutiny@swansea.gov.uk

Date Dyddiad:
05 December 2018

Summary: This is a letter from the Child and Adolescent Mental Health Services Scrutiny Inquiry Panel to the Cabinet Member for Children's Services following the meeting of the Panel on 21 November 2018. It reflects on the second follow up meeting of the Panel.

Dear Cllr King

The Child and Adolescent Mental Health Services (CAMHS) Scrutiny Inquiry Panel met on 21 November to follow up on progress made on the recommendations since the first follow up meeting in November 2017, as not all of the recommendations had been completed. The Panel was looking for accelerated improvements and outcomes before monitoring is concluded.

We would like to thank you, Julie Thomas and Joanne Abbott-Davies, Sian Harrop-Griffiths and Isobel Davey of Abertawe Bro Morgannwg University Health Board (ABMU) for attending the meeting to present the impact/follow up report, updating on progress and answering questions. We appreciate your engagement and input.

We would like to make the following comments:

- We heard that the service is driving forward a prevention approach and is working on the offer for those children who do not quite meet the threshold and are falling through the gaps. You are aware of the need for a continuum of support and the need to see over time if it is making a difference. There is a need to look at how this can be monitored.
- We heard from ABBM that they feel they and the three local authorities are now working together better and are having conversations about how they can change things. This is good news.

OVERVIEW & SCRUTINY / TROSOLWG A CHRAFFU
SWANSEA COUNCIL / CYNGOR ABERTAWE
GUILDHALL, SWANSEA, SA1 4PE / NEUADD Y DDINAS, ABERTAWE, SA1 4PE
www.swansea.gov.uk / www.abertawe.gov.uk

I ddbyn yr wybodaeth hon mewn fformat arall neu yn Gymraeg, cysylltwch â'r person uchod
To receive this information in alternative format, or in Welsh please contact the above

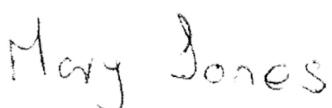
- We heard that as a result of recommendations from scrutiny ABMU have changed some of their commissioning arrangements. We were very pleased to hear this.
- We were also pleased to hear that the target for CAMHS urgent cases being seen in 24 hours is 100% and ABMU is hitting this
- We were given an explanation of how the Choice and Partnership Approach works and were informed that this initiative deals with some of the issues raised by the Panel
- The Panel expressed concern about the annual Integrated Care Fund which comes from Welsh Government to regional partnership boards. We heard that confirmation hasn't been received of what the new allocation will be when Bridgend leaves ABMU.
- We commented that the Scrutiny Inquiry had identified that people found it difficult to access CAMHS. There were complaints from parents about the forms that had to be completed and that the timeline could be as long as a year. We were informed that the process has been simplified, forms have been reviewed with schools and schools can now speak to a member of the Neurodevelopment Disorders (NDD) team if they have concerns. We were pleased to hear this.
- We also raised the issue that parents only used to be able to get a referral to CAMHS through the school. We heard that a mechanism has now been put in place so that if parents cannot get a referral through the school they can contact the NDD team direct if they think they are being blocked by the school.
- We were pleased to hear that there are now parents and representatives of the Third Sector sitting on all groups. We were informed that a workshop was held on NDD and 30 parents participated. The information gathered from this workshop was used to set up the NDD service.

Following the meeting, the Panel discussed progress and made the following conclusions:

- The Panel feels that Child and Adolescent Mental Health Services are in a much better place than when the Panel started the Inquiry and we would like to congratulate everyone involved.
- There are now well established arrangements in place to drive improvement forward in this area.
- Progress has been made on most of the recommendations in the action plan. However there is still a long way to go to fully achieve all of the recommendations.
- The Panel has concluded its monitoring of CAMHS, but monitoring of performance will continue via the Child and Family Services Scrutiny Performance Panel who are to receive regular progress updates.

We hope you find this letter useful and informative. We would welcome your comments on any of the issues raised, and ask that in this instance you provide a written response by Monday 7 January 2019.

Yours sincerely



COUNCILLOR MARY JONES
CONVENER, CHILD & ADOLESCENT MENTAL HEALTH SERVICES SCRUTINY INQUIRY PANEL
CLLR.MARY.JONES@SWANSEA.GOV.UK